

Shadows Play

A Protest Against Futility

Within these walls
Tattered and marred
There burns a rage that's been tended and barred
There is a war
Inside of me
Bury the insides in hopes to bring peace

This path it leads straight down to the past
Where it's claws bleed my thoughts but I'm down on the floor
To begin once again this spiritual cleanse
To purge out blackened bile stuck through to the core

Take cover fear is creeping in
Armed with doubt, despair, and full of regret
Ice cold it seeps right through the skin
Slowly it feeds off of weaknesses kept
Tear off these chains and stand your ground
Take back those years they remain to be found
Breathe easy no one gives a fuck
One big joke this weight you carry around

My mind is set
On self destruct
I lost control of my thoughts now I'm fucked
Into the fold
Go it alone
Vomit the tears till the heart turns to stone

Crawl down inside there's no place to hold on
Just a fall through the dark with no landing in sight
Take up your fill take as much as you need
I don't want it I don't need it I've lost all but one fight

A person fucks himself up so much so much so the shadows in his head can kill him

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