

# Depression And Anguish

## Suicidal Tendencies

Travels through my veins poisoning my soul  
Makes me hate myself, makes my anger blow  
Suffocates the hope - eats away my will

Traps in all the hate - depression  
And I don't want to feel this way - but I can't stop it at all  
And I don't want to hurt no more - but I can't stop it at all  
And I don't want to lie here numb - but I can't stop it at all

And I don't want to have to give in - but I can't stop it at all  
Depression - it's got me I fought it - it whupped me  
Depression and anguish the poison's inside me  
Why can't I just make it end - I'm tired of feeling this way  
Why can't I just let me be - I'm tired of feeling this way  
Why can't I just have a break - I'm tired of feeling this way

Why can't I just go away - I'm tired of feeling this...  
Depression and anguish the battle can't take this  
Depression is poison the damage is all done  
And I don't deserve this oh, no

And I don't want to feel this no  
Digs into my heart roots sprout through my brain  
Plants it's ugly thoughts growing wild again  
Shuts all systems off, locks me in a haze

Traps in all the hate - depression  
And I don't have the strength to scream, but here it comes again  
And

I don't have the sense to cry, but here it comes again  
And I don't have the will to fight, but here it comes again

And I don't have the choice to quit, and here it comes again  
Depression and anguish the battle can't take this  
Depression is poison the damage is done  
Depression it's got me I fight it but why me  
Depression and anguish the poison's inside me

Songwriters

MUIR/CLARKPublished by

Lyrics Â© Sony/ATV Music Publishing LLC Song Discussions is protected by U.S. Patent 9401941. Other  
patents pending.

Lyrics provided by  
<https://damnlyrics.com/>