## In Your Skin

## Lifehouse

Throw stones, breaking bones Then wonder why you run for cover You fight the world from insideLay down, playing dead Turn the pages, just another Wasted day in your mindYou live to run away But fear's the hardest act to follow Let me let you inHold on another day Face the truth, it's hard to swallow It's time to begin There's only one life In your skinWake up, take a breath Remember why you're even breathing You're still aliveGive in, give it up You're the only one believing In all of your liesYou live to run away But fear's the hardest act to follow Let me let you inHold on another day Face the truth, it's hard to swallow It's time to begin There's only one life In your skin, in your skinYou live to run away But fear's the hardest act to follow Let me let you inHold on another day Face the truth, it's hard to swallow It's time to begin There's only one life In your skin, in your skin

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