The Day

The Roots

Advisory - the following lyrics contain explicit language:

When I wake up, I look into the mirror
I can see a clearer vision
I should start living today'Cause today is gonna be the day
Is gonna be the day
'Cause today is gonna be the day
Is gonna be the dayYeah, it's like every day I wake up
I stare into space and don't say much

Peer in the mirror, feeling dead from the face up

Coffee pots, cigarettes, morning Js, Baileys

Slowing down my day before it picks up the paceBeats playing since the night before

Thinking 'bout writing songs

Feeling exhausted from times we toured constant

And plus the toxics I sip got me tall

Still tipsy, staring at the city

From the spot we call Los AngelesEvery day is like a blank canvas

Carving my initials in the planet like I brand it

Handpicked to live this life we take for granted

Like a child with an upright bass, we can't stand itSmiling through the trouble we face, tryna manage

My way without pumping my brakes and staying stagnant

'Cause I can sit on my ass or just imagine

The madness I did on my path and paint the canvasWhen I wake up, I look into the mirror

I can see a clearer vision

I should start living today'Cause today is gonna be the day

Is gonna be the day

'Cause today is gonna be the day

Is gonna be the dayBefore I rise and shine like a neon sign

I need the girl of my dreams to give me Einstein

And burn the marijuan' like [incomprehensible]

Is my only bonafide break from these confines I need a change of scenery like a mind tide

These kids bringing me the noise like the bomb squad

And everybody coming at me from the blindside

I'm tired, it's hard to open up my eyes wideI listen to some theme music on the iPod

And walk around the crib doing little odd jobs

Checking my breath, take a view from this high rise

Feeling like I'm checking out a game from the sideline got to try different things in these trying times

Twenty-ten is different than it was in nine-five

It's come alive time, I picked a fine time

For getting open off life like a fine wineWhen I wake up, I look into the mirror

I can see a clearer vision

I should start living today'Cause today is gonna be the day

Is gonna be the day

'Cause today is gonna be the day

Is gonna be the dayUh, yeah, Sunday morning, plan my day out

Whole new blueprint, brand new layout

Deep down still don't know if it'll play out

Before the first time, feel like I done found a way outSkin getting clearer and it feel like I lost weight

Stop and say a prayer for the times I lost faith

Troubles of the world had me in a cross-face

Chicken-wing, sickening, liver so off-baseBut now it's like I'm in the last lap of the car chase

And I finally understand my right to choose

My preacher man told me it could always be worse

Even the three-legged dog still got three good legs to loseSo you can stop and refresh the rules

Breathe in, breathe out, let it heal all your exit wounds

Something inside said that's the move

And made it today, I'll restart fresh and newWhen I wake up, I look into the mirror

I can see a clearer vision

I should start living today'Cause today is gonna be the day

Is gonna be the day

'Cause today is gonna be

The day is gonna be The day is gonna be

The day is gonna be

The day is gonna be

The day is gonna be The day is gonna be

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