

# Between Hell And A Heartbeat

## Hatebreed

Deformed living hemorrhage knotted into flesh  
Betrayal lives within hosts  
Anchored in bones, surviving on secrets toldAll screams are my whispers  
In the realm of the barely living  
Unraveled in the arms that carried  
If it's still worth loving it's still worth letting goOne last nail in the coffin of all your trust  
Where there once was love now lives total disgustSomewhere between hell and a heartbeat  
Somewhere between hell and a heartbeatSometimes the unforeseeable is what our lives become  
And now matter how strong and spirited we are  
Some hold the weights of the harm doneOne last nail in the coffin of all your trust  
Where there once was love now lives total disgustDeprived, undreamed of  
Somewhere between hell and a heartbeatGrey skies rain down a hail of black  
Put your eat to my chest and hear nothing  
This is oblivion, absence is heard with such clarityJust hope that it's all a dream  
Stagnation of the all being  
We cease to be somewhere between hell and a heartbeat

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