Hit It and Quit It

Funkadelic

I want you to hit it Good God, hit it and quit it I want you to, hoo, whoa, yeahOh mama, hit it God, hit it and quit it I want you to, oh, oh yeahOh mama, hit it Good God, hit it and quit it I want you to, ooh, ooh, ooh, oohYou can shake it to the east Shake it to the west, hit it Good God, hit it and quit it Yeah, all up and down And move it all around, hit it Good God, hit it and quit it, yeahYou can shake it for dinner Or you could spread it all around, hit it Good God, ooh, quitI want you to hit it and quit it I want you to hit it and quit it I want you to hit it and quit itYou can shake it to the east Shake it to the west, hit it Good God, hit it, quitYou can shake it to the one You love the best, hit it Ha, hit it, quit itAh, good God, hit it and quit it Ooh, good God, hit it and quit it Oh, good God, hit it and quit it Quit it, quit it, hit it

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