Hit It and Quit It

Funkadelic

I want you to hit it
Good God, hit it and quit it
I want you to, hoo, whoa, yeahOh mama, hit it
God, hit it and quit it
I want you to, oh, oh yeahOh mama, hit it
Good God, hit it and quit it
I want you to, ooh, ooh, ooh, oohYou can shake it to the east
Shake it to the west, hit it
Good God, hit it and quit itYeah, all up and down
And move it all around, hit it
Good God, hit it and quit it, yeahYou can shake it for dinner
Or you could spread it all around, hit it
Good God, ooh, quitI want you to hit it and quit it
I want you to hit it and quit it
I want you to hit it and quit itYou can shake it to the east
Shake it to the west, hit it
Good God, hit it, quitYou can shake it to the one
You love the best, hit it
Ha, hit it, quit itAh, good God, hit it and quit it
Ooh, good God, hit it and quit it
Oh, good God, hit it and quit it
Quit it, quit it, hit it

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