## All Messed Up

## **Sum 41**

Another day wasted out of time, I can't get out of this
Altered state of mind, I'm going overboard
My conscience meets decline into reality
I know this can't be fine'Cause I'm all messed up
Making prefect nonsense
Drowning in my doubt too well
'Cause I'm all messed up
Going nowhere fast

But circles in my mind, so blindWho are these voices in my head, I can't go on like this?

Living like the dead, I haven't slept so long

Feeling sad I dread, I'm talking to myself

Forgot what I just said'Cause I'm all messed up

Making prefect nonsense

Drowning in my doubt, too well

'Cause I'm all messed up

Going nowhere fast

But circles in my mind, so blindWell I hold my only enemy as closely as a friend

Then I sold my own reality to further my descent

Self-destruction taking over it's so easy to pretend

Introduction to this nightmare they not seems may never endCan anyone help me drag my heels, I'm running overtime?

I can't hold down my meals, my mind is racing by
Staring blankly feels like pulling out my teeth
While this engine winds'Cause I'm all messed up
Making prefect nonsense
Drowning in my doubt too well
'Cause I'm all messed up
Going nowhere fast
But circles in my mind, so blind

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