Selah

Lauryn Hill

Nothing can be done against the truth
No matter how we remain in denial
Wasting time, replacing time with each and every excuse
But that will only work a little whileCoping with despair, knowing you're not there
Ashamed to just admit I've been a fool
So I blame it on the sun
Run away from everyoneHoping to escape this ridicule
Trapped in misery
Wrapped so miserably
And his deception I wear it like a skinDying to maintain
While I keep trying to explain
A heart that never loved me to begin with
Oh, I'm such a messI have no choice but to confess
That I have been desperately trying to belong
Lying to myself and everybody else
Refusing to admit my right was wrongAnd then he came, Selah
And it means praise and meditation
And then he came, Selah
And it means did you think about thatAnd then he came, Selah
And it means praise and meditation
And then he came, Selah
And it means that you seeHow beautiful his fruits still in denial of its roots
My guilty heart behaves so foolishly
This treason from within that reasons with my sin
Won't be happy till it sees the death of meSelfishly addicted to a life that I depicted
Conflicted 'cuz it's not reality
All that's left of me, oh, I beg you desperately
'Cuz me to agree for what I know is best for mePlease save me from myself
I need to save me from myself
Please save me from myself
Please save me from myself so I can hear youThe choices that I make have been nothing but mistakes
What a waste of useless space, should I die before I wake
And all of my religion, I've fortified this prison
Obligated to obey, that the man's bad decisionPlease save me from myself
I need you to save me from myself
Please save me from myself
Please save me from myself so I can hear youAnd then he came, Selah
And it means praise and meditation
And then he came, Selah

And it means did you think about thatAnd he came, Selah
And it means meditation
And then he came, Selah
And it means that it's youAnd then it came
And then he came
And he came and he came
And then he and then he came

Lyrics provided by
https://damnlyrics.com/