

Migraine

Shakeout

Am I the only one I know
Waging my wars behind my face and above my throat
Shadows will scream that I'm alone
I've got a migraine
And my pain will range from up down and sideways
Thank God it's Friday
'Cause Fridays will always be better than Sundays
'Cause Sundays are my suicide days
I don't know why they always seem so dismal
Thunderstorms, cloud, snow, and a slight drizzle
Whether it's the weather or the letters by my bed
Sometimes death seems better than the migraine in my head
Let it be said what the headache represents
It's me defending in suspense
It's me suspending in a defenseless test
Being tested by a ruthless examiner
That's represented best by my despress...ing thoughts
I do not have writer's block
My writer just hates the clock
It will not let me sleep, I'll get some sleep when I'm dead
And sometimes death seems better than the migraine in my head
Am I the only one I know
Waging my wars behind my face and above my throat
Shadows will scream that I'm alone
But I know we've made it this far, kid
yeah, yeah, yeah
I'm not as fine as I seem, pardon
Me for yelling I'm telling you that green gardens
Are what's growing in my psyche

It's a different me
A difficult to be, stop feasting lumber down trees
freeze frame
Please let me paint a mental picture portrait
Something you won't forget, it's all about my forehead
Deny what is important, holds back contents that make Pandora's box contents' look non-violent
Behind my eyelids are islands of violence
My mind ship-wrecked, this is the only land my mind could find
I did not know it was such a violent island

Full of tidal waves, suicidal crazed lions
They're trying to eat me, blood running down their chin
And I know that I can fight it or let the lion win
I begin to assemble what weapons I can find
'Cause sometimes to stay alive you gotta kill your mind
Am I the only one I know
Waging my wars behind my face and above my throat
Shadows will scream that I'm alone
But I know we've made it this far, kid
yeah, yeah, yeah

And I will say that we should take a day to break away from all the pain our brain has made
The game is not played alone

And I will say that we should take a moment and hold it
And keep it frozen and know that life has a hopeful undertone

[Repeat]Am I the only one I know
Waging my wars behind my face and above my throat
Shadows will scream that I'm alone
But I know we've made it this far, kid
We've made it this far, we've made it this

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