

This Moment

Janine and the Mixtape

Been listening to
A lot of Eckhart Tolle
Trying to find a way
To get away from me
When weâ€™re on that inspirational kick
We must be messed up
Come on we all know
At least I fessed up
If Iâ€™m losing my mind
Itâ€™s ok
I donâ€™t wanna think anymore
So I'll give it up
I'll give it up

Can we just stop
Focus on what we feel
Forget about time
Cause it ainâ€™t real, no it ainâ€™t real
We only got this moment
We only got this moment
We only got this moment
We only got this moment

I couldnâ€™t sleep last night
So I got out of bed
I ran between the sun and the moon in the morning
And then I realized
Here I am so little
What does it really matter
This shh-it in my head

Can we just stop
Focus on what we feel
Forget about time
Cause it ainâ€™t real, no it ainâ€™t real
We only got this moment
We only got this moment
We only got this moment

We only got this moment

Breathe in slow

Roll my shoulders

Know

That with my eyes closed I could be

Anywhere that I wanna go

And it would be the same with my eyes shut

I thought if I achieved enough that I would find my peace

But even if I could

Iâ€™d have gave it up for nothing good

Nothing good

Mind on those who made me and the gifts that life gave to me

And I

Iâ€™m feeling good

Iâ€™m feeling good

Looking out the window feeling things I never thought I could

Let it go with me baby

Let it go with me baby

Let it go with me baby

In this moment we are everything

Can we just stop

Focus on what we feel

Forget about time

Cause it ainâ€™t real, no it ainâ€™t real

We only got this moment

We only got this moment

We only got this moment

We only got this moment

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