

This Moment

Janine and the Mixtape

 Been listening to
 A lot of Eckhart Tolle
 Trying to find a way
 To get away from me
When we're on that inspirational kick
 We must be messed up
 Come on we all know
 At least I fessed up
 If I'm losing my mind
 It's ok
I don't wanna think anymore
 So I'll give it up
 I'll give it up

 Can we just stop
 Focus on what we feel
 Forget about time
Cause it ain't real, no it ain't real
 We only got this moment
 We only got this moment
 We only got this moment
 We only got this moment

 I couldn't sleep last night
 So I got out of bed
I ran between the sun and the moon in the morning
 And then I realized
 Here I am so little
 What does it really matter
 This shh-it in my head

 Can we just stop
 Focus on what we feel
 Forget about time
Cause it ain't real, no it ain't real
 We only got this moment
 We only got this moment
 We only got this moment

We only got this moment

Breathe in slow
Roll my shoulders
Know

That with my eyes closed I could be
Anywhere that I wanna go

And it would be the same with my eyes shut
I thought if I achieved enough that I would find my peace
But even if I could
I'd have gave it up for nothing good
Nothing good

Mind on those who made me and the gifts that life gave to me
And I

I'm feeling good
I'm feeling good

Looking out the window feeling things I never thought I could
Let it go with me baby
Let it go with me baby
Let it go with me baby
In this moment we are everything

Can we just stop
Focus on what we feel
Forget about time
Cause it ain't real, no it ain't real
We only got this moment
We only got this moment
We only got this moment
We only got this moment

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