## **Chemical Imbalance**

## **Swollen Members**

(You're going to be listening to some people on this tape today who've experienced anxiety disorder in a very real way. A lot of people have a misconception about anxiety disorder. Obsessive thinking, low self-esteem, panic attacks, anxiety, and fear.) No question I'm prone to depression

Throne made of stone, I am known for aggression

Sit home get stoned, no purpose

Become a servant, feel like I'm worthless

Sun turn to darkness, now I'm getting nervous

Till I make a purchase and I'm Silver Surfing

Flying through the stars in the Milky Way

Next day filled with guilt again

Emptiness and sadness, used to get a lot done

Now the Devil's in my car riding shotgun

(Vicious cycle)

Mad Child's back like the hot sun

Still shining, redrum (Very uncontrollable thoughts. You're going to lose control.)From walking on the Sun with a Pepsi bottle

Pocket full of cash and a sexy model

Shopping like I just won the lottery

Then I fell down, hit the ground like pottery, smash

(Manic episodes)

Dope, doing drugs like a dummy

Gained a lot of weight with a big fat tummy

Didn't have sex, pale skin like a mummy

Crashed the Suburban, almost killed my whole group

God saved us, I'm telling you the whole truth

Old dude, Clark Kent in a phone booth

(It might scare you)

I refuse to be old news(People with anxiety value control immensely. You're not in control of yourself or in control of your emotions and it might scare you.)My mind mentally a torture chamber

Complete frustration, approach with anger

Used to be exciting, white lightning

Living in a nightmare quite frightening

(Wake up)

Aggressive performer, obsessive compulsive disorder

Psychotic, dark product of narcotics

I'm bleeding badly in shark waters

Hail Marys and Our Father up in Heaven looking down on what he's not proud of

Evil thoughts, blood, and gun powder

Quit crowded, blue pills and white powder(Take control of your life, take control of your fear. The things that

we do are fear-based. Fear and worry can be very very powerful negative forces in your life. If your anxiety is to the point where it's disrupting your lifestyle then you have a problem.)

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