

# 3am

## Meghan Trainor

I can't believe I'm still doing this  
I told myself a month ago that I'd be through with this  
I'm looking at my phone, and wondering if you're home  
I'm kinda tipsy, I ain't tryna sleep alone  
Somebody told me that some other girl was hugging you  
Baby you know I'm the one that should be loving you  
You know we had a thing baby it's such a shame  
I still get crazy every time I hear your name  
I know it's complicated  
But you know I'm impatient 3am, yo I'm texting you once again  
Even though I'm hanging with my friends  
I can't help it, I can't help myself, no  
3am, I might be looking for a late night friend  
And baby I can't get you out my head  
I can't help it, I can't help myself, no Kinda stressed like I'm gonna have a heart attack  
It's been an hour and you haven't even hit me back  
Baby keep it real, tell me what's the deal  
'Cause I miss you, you don't know how this feels I know it's complicated  
This always happens when I'm wasted 3am, yo I'm texting you once again  
Even though I'm hanging with my friends  
An I can't help it, I can't help myself, no  
3am, I might be looking for a late night friend  
And baby I can't get you out my head  
I can't help it, I can't help myself, no I know, I know, I know  
It's so wrong  
Somebody take away my phone  
'Cause I've been drinking all night long  
All night long  
All night long  
I know, I know, I know  
It's so wrong  
Somebody take away my phone  
'Cause I've been drinking all night long  
All night long  
All night long 3am, yo I'm texting you once again  
Even though I'm hanging with my friends  
And I can't help it, I can't help myself, no  
3am, I might be looking for a late night friend  
And baby I can't get you out my head

I can't help it, I can't help myself, no

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