Defenseless

Enchant

Can't fight this urge
I'm overwhelmed with anxiety
It's taking over meCan't calm my nerves
I just can't seem to stop this calamity
Will it be the death of me?I'm finding out
There is no doubt I need some help
How can I learn to protect me from myself?This craving is too strong
Restraint is on the shelf
I just can't be alone with myself too longCan't stop my trembling hands
I've got the shakes again
Convinced myself the needle's my best friendNever been so high
I'm sure if I wanted I could touch the sky
I'm already halfway thereBut I'm falling down
Seems my time to fly is running out
Does anybody really care?I've figured it out
There is no doubt I need some help
Can you try to save me from myself?This craving is too strong
I've lost all self control
I just can't be alone with myself anymoreI've nothing left to lose
And nothing stops the pain
But the poison that I pump through my veinsAnd my tears they leave a stain
And my heart won't beat the strain
'Cause the beast I just can't tameI've figured it out
There is no doubt I need some help
Can I ever really trust myself?My craving is so strong
My self-esteem is gone
I must stop or I won't be around very longI won't be around very long
I won't be around

Songwriters
Doug OttPublished by
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