## **Able**

## Vashawn Mitchell

There's a host of hurts we come across None of which alike From the air inside the birthing room To darkness where we die Though I feel I'm just as strong As any man I know I'm not able I'm not able I'm not able, on my ownCarry round the secrets Only heaven knows Crawl into our darkened rooms Where only victims go. Oh, I feel I'm strong enough To carry all this load I'm not able I'm not able I'm not able, on my ownI'm not able (not able) I'm not able (not able) I'm not able (not able) On my own. I'm not able (not able) I'm not able (not able) I'm not able (not able) On my own.All my actions False or true

Selfish motives I will use

We were born with knives in hand

Trained to kill our fellow man.

If we're not better than the rest

How will children do their best

Find your patience

Find your truth

Love is all we have to lose

Have to loseCause, I'm not able

I'm not able, on my own

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