## This Is Your Life

## **The Juliana Theory**

This is not the warm up round, this is not a trial heat It can't be repeated when your time is gone This is not an infinite resource or the prelude to a starter course You don't send it back if it gets done wrong This is your life, treat yourself right Treat others right, live like you know you should This is life, fight the good fight Fight for what's right, do what you know you should Every living soul completes a finite number of heartbeats This is not the sum of what you're here for Every breath you take will be exhaled, every rising sun will fall The measure of it all is what you live for This is your life, treat yourself right Treat others right, live like you know you should This is life, fight the good fight Fight for what's right, do what you know you should You had a dream, but it got lost in a life of regret The devil knows you get just one shot You had a dream, are you still dreaming Or did you forget that heaven's calling for your best shot? This is your life, treat yourself right Treat others right, live like you know you should This is your life, treat yourself right Treat others right, live like you know you should This is life, fight the good fight Fight for what's right, do what you know you should This is your life, treat yourself right Treat others right, live like you know you should This is life, fight the good fight Fight for what's right, do what you know you should

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