Spinal Compression

Fear Factory

Like the knife into my back

Cold hate within my spine

Freezing of my nerves

This slow death consumes my mindShock waves through my soul

Compounding my fears

This depression on my life

My dead weight through the yearsI'm going to breakI've had all that I can take

Endurance wearing thin

Everything that's on my mind

Will crush my soul withinMy feet sink into the ground

Embeds my roots of fate

Coursing through my blood vessels

Reality of hateCrushed by this fate under this weight

Crushed by this fate under this weight

I'm going to break

Because I've had all that I can takePlease stop this pressure

Weighing down on me

Please stop this pressure

Weighing down on mePlease stop this pressure

Weighing down on me

Please stop this pressure

Weighing down on meBuried to my neck in waste

Debris of life itself

World spinning out of control

I feel like I'm in hellSomethings got to change

Somethings got to give

Existential weight on mind

Is not my way to liveCrushed by this fate under this weight

Crushed by this fate under this weight

I'm going to break

Because I've had all that I can takePlease stop this pressure

Weighing down on me

Please stop this pressure

Weighing down on me

Lyrics provided by https://damnlyrics.com/