

# Breathe In

## Alisha's Attic

You thought there was no life left  
You forgot that there are stars  
You forgot the days and nights  
Had just one long hour of dark  
But didn't I tell you to  
Breathe in and push it out  
And didn't I tell you to  
Breathe in and push it outI wanna teach you how to be sweet  
But quite volatile if you need  
Everybody'll be scared you'll explode  
But you can get to forgivingBut just remember to  
Breathe in and push it out  
I said remember to  
Breathe in and push it outOoo, and there is calm under the waves  
I promise you you'll be quite safe  
If you unwrap yourself  
You've been too long afraidYou thought there was no life left  
You forgot that there are stars  
You forgot the days and nights  
Had just one long hour of darkBut remember to  
Breathe in and push it out  
I said remember to  
Breathe in and push it out Didn't I tell you to  
Breathe in and push it out  
Remember to  
Breathe in and push it out

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