

# I Guess It Never Hurts to Hurt Sometimes

## The Oak Ridge Boys

Sometimes I feel a wave  
Of a past break in my mind  
And I know it's gone for good  
And it makes me want to cry  
Is this all we get to keep  
As the years go rollin' by  
Just a memory  
For all the days gone by.

[Chorus]

Oh you're always in my heart  
And you're often on my mind  
I will never let it die  
Just as long as I'm alive  
Sometimes it makes me sad  
That we never said goodbye  
Oh I guess it never hurts  
To hurt sometimes.

You try and hold on to the moment  
But time won't let you stay  
But for every step you take  
You lose something on the way  
You can't look forward to tomorrow  
And still hold on to yesterday  
Oh I hope that you can hear me  
When I'm saying

[Chorus]

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