

# Hit the Ground Running

## The McKrells

I hit the ground with the running at last  
I didn't stop to look behind  
Yeah, bad times are all in the past  
I hit the ground with the running at last, all right

Oh, yeah!

Oh, yeah!

I hit the ground with the running at last

I said I can't wait to get in a car  
Your foot's down, the city's so far  
You're past the suburbs and speeding so fast  
I hit the ground running at last

Oh, yeah!

Oh, yeah!

I hit the ground running at last

The light's still spinning upon your eyes  
I hit the brakes, it's the end of line  
You're way past the suburbs and speeding so fast  
I hit the ground running at last

Oh, yeah!

Oh, yeah!

I hit the ground with the running at last

I hit the ground with the running at last

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