In Your Head

Sarah de Warren

VERSE 1: cornered at the table with a plate odd food. On it you hate, don't know how to escape. Stand up from the table every evening they say, " why aren't you eating?" there is no reason. Laying in the bathroom staring up at the ceiling trying hard to believe in a heart that's not beating. She said, "come back" he said, "stop crying, girl i am trying to love you." why did you bring it all back up? are you trying to remind me of the past? Don't say there is no feeling, i know you're concealing something that's healing. CHORUS: hear them voices in your head try control you, that's a feeling too. see them scars all down my arms, those are feelings, that's just how i fall with them. VERSE 2: pounding at the ground, you feel your feet in your head, your heart in your throat like its trying to choke. can't go back, you need to stay away. running with love and hate, running until you faint. laying in the grass staring up at the starlight. Trying hard to collect(or connect?) into the darkness you comfort(or convey?). and when the sun, it blinds the night, you can think of only his eyes.CHORUS: (same as above) stop, make it stop. she said, she said. you wanna say no but you can't let go. It's all in your head. stop, made it stop. she said, she said. you wanna let go but you can't say no, it's all in your head.

Lyrics Submitted by K Mahr

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