

I Bruise Easily

Natasha Bedingfield

My skin is like a map
Where my heart has been
And I can't hide the marks
But it's not a negative thing So I lay down my guard
Drop my defences
Down by my clothes
I'm learning to fall
With no safety net
To cushion the blow I bruise easily
So be gentle
When you handle me
There's a mark you leave
Like a love heart
Carved on a tree
I bruise easily
Can't scratch the surface
Without moving me
Underneath, I bruise easily
I bruise easily I found your finger prints
On a glass of wine
Do you know your leaving them
All over this heart of mine too If I never take
This leap of faith
I'll never know
So I'm learning to fall
With no safety net
To cushion the blow I bruise easily
So be gentle
When you handle me
There's a mark you leave
Like a love heart
Carved on a tree
I bruise easily
Can't scratch the surface
Without moving me
Underneath, I bruise easily
I bruise easily Anyone who
Can touch you
Can hurt you

Or heal you
Anyone who
Can reach you
Can love you
Or leave you So be gentle
So be gentle
So be gentle
So be gentle I bruise easily
So be gentle
When you handle me
There's a mark you leave
Like a love heart
Carved on a tree
I bruise easily
Can't scratch the surface
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