

# ObZen

## Meshuggah

A state of perfection, immersed in filth  
Equilibrium obtained  
Pure in devotion to all things unwell  
This sweet Zen of our ill condition sustained A new belief-system  
Salvation found in vomit and blood  
Where depravation lies  
Corruption, war and pain is God Balance harmony  
Found in the sickly  
The vile unflinching eyes, joyous and gleaming  
Intense in their need to watch things die A new belief-system  
Salvation found in vomit and blood  
Where depravation lies  
Corruption, war and pain is God Decay, disgrace, disgust  
Our state of Zen The grime of contempt and degeneration  
Sticky, foul and pungent  
The sentiment of our creation  
We flourish in this blood red soul

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