

No Reason at All (Instrumental)

[Jonathan Reid Gealt](#)

I lay here in the dark yearning for something
A tiny glance, a kind word to get my heart beating
But you'd never know 'cause I never show how much you've
Helped me to see the woman I'm longing to be Sometimes I just need to cry for no reason at all
Sometimes I'm too tired to try for no reason at all
Sometimes I just have to learn to let go for no reason at all I stand in the door as life passes by
And feel like I'm stuck in-between
The life that I want and what I can reach
It's like I'm not heard and not seen
There must be a way at the end of the day
That I can help make you see
The woman I long to set free 'Cause sometimes I just need to cry for no reason at all
Sometimes I'm too tired to try for no reason at all
Sometimes I just have to learn to let go for no reason at all I can see the things that I need to change in me
And that's a start, a place I'd rather be
And when the time comes, will I have the strength
To pull myself up and see that Sometimes I just need to cry for no reason at all
Sometimes I'm too tired to try for no reason at all
Sometimes I just have to learn to let go
For no reason
For no reason
For no reason at all

Lyrics provided by

<https://damnllyrics.com/>