

# I Know

## The Midway State

You see it in your dreams  
Keeping you from sleep  
You're just not the same as you used to be  
You're trying to move on  
Been trying for so long  
You're just not the same  
You will never be  
I know how it hurts  
I know we have all been where we cry  
and baby you hurt oh I know  
Things we did they just won't die  
but life it goes on  
Gotta live  
We gotta live with how it feels  
Down there inside  
The feelings that you fight  
The demons that you hide  
Know you're not alone in how you feel down there inside  
We've all got things we hide  
You feel down there inside  
So hurt  
You've got your mistakes  
You lived ugly days  
No you're not the same as you used to be  
and all your memories are living in your dreams  
You're just not the same  
You will never be

I know how it hurts  
I know we have all been where we cry  
and baby you hurt oh I know  
Things we did they just won't die  
but life it goes on  
Gotta live  
We gotta live with how it feels  
Down there inside  
The feelings that you fight  
The demons that you hide  
Know you're not alone in how you feel down there inside

We've all got things we hide  
You feel down there inside  
So hurt  
Live  
We gotta live with how it feels  
Down there inside  
The feelings that you fight  
The demons that you hide  
Know you're not alone in how you feel down there inside  
We've all got things we hide  
You feel down there inside  
So hurt  
So hurt  
So hurt  
You hurt  
You see it in your dreams

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