

# Frost and Fire

## Cirith Ungol

The tales that speak of frost and fire  
The Frost Monstreme and the Fire Divine  
The frost preserves and the fire destroys  
Like pouring rain on the sands of time I feel it burning and I feel the freeze  
The frost, the fire, it burns inside of me The tales that speak of frost and fire  
The guardian angels and the demons of night  
The power preserves and the Beast will destroy us  
Like gathering darkness in the circle of light I feel it burning and I feel the freeze  
The frost, the fire, it burns inside of me, yeah I feel it burning and I feel the freeze  
The frost, the fire, it burns inside of me The tales that speak of frost and fire  
Tales of all the souls that fell  
Words that burn and words that chill us  
Like laughter kindling in the heart of Hell I feel it burning and I feel the freeze  
The frost, the fire, it burns inside of me  
It burns inside of me, it burns inside of me

Lyrics provided by

<https://damnyrics.com/>