

# In Your Skin

## Lifehouse

Throw stones, breaking bones  
Then wonder why you run for cover  
You fight the world from inside  
Lay down, playing dead  
Turn the pages, just another  
Wasted day in your mind  
You live to run away  
But fear's the hardest act to follow  
Let me let you in  
Hold on another day  
Face the truth, it's hard to swallow  
It's time to begin  
There's only one life  
In your skin  
Wake up, take a breath  
Remember why you're even breathing  
You're still alive  
Give in, give it up  
You're the only one believing  
In all of your lies  
You live to run away  
But fear's the hardest act to follow  
Let me let you in  
Hold on another day  
Face the truth, it's hard to swallow  
It's time to begin  
There's only one life  
In your skin, in your skin  
You live to run away  
But fear's the hardest act to follow  
Let me let you in  
Hold on another day  
Face the truth, it's hard to swallow  
It's time to begin  
There's only one life  
In your skin, in your skin

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