

Heart Skips a Beat

[Lenka](#)

Heart skips a beat, my heart skips a beat
My heart is playing tricks on me
And it's building bricks on me
I can't break through and I can't face you
My world is turning slowly now
But it's burning up somehow
I need some time to know what's right
'Cause it's only in the quiet that I feel some relief
I'm trying hard not to resist the joy
Don't listen to me, I'm being paranoid
I might try hard but it's too hard to avoid
My heart skips a beat, my heart skips a beat
My heart is always first to know
And as the feeling grows, I can't deny
Push those thoughts aside
My world is full of loveliness
But I focus on the stress, my heart says, "Go"
But my brain says, "No"
And it's only in the quiet that I hear myself breathe
I'm trying hard not to resist the joy
Don't listen to me, I'm being paranoid
I might try hard but it's too hard to avoid
My heart skips a beat, my heart skips a beat
My heart skips a beat, my heart skips a beat
Oh, I know this time 'cause it's physical
My blood has stopped and I am breathless as well
But I need a minute to convince myself
'Cause it's only in the quiet that I know what to feel
I'm trying hard not to resist the joy
Don't listen to me, I'm being paranoid
I might try hard but it's too hard to avoid
My heart skips a beat, my heart skips a beat
I'm trying hard not to resist the joy
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