

# This Is the Day

## Bread and Bones

There's still a little sand inside of my shoes  
I leave it there to keep me close to you  
There's a whole other world inside me now  
Full of words you can't hear  
But the power of how I really feel  
Is pulling you near  
Its a vibration  
There's no separation  
We're one and the same  
I don't have to be afraid  
If you feel it  
You might as well reveal it  
Cause this is the day  
Tomorrow could all be taken away  
I can see the sun without the sky  
But I can't see myself without your eyes  
I wish I had told you this back then  
I thought I had time  
Well there's no use in swimming in regrets  
I'll leave them behind  
[Chorus]Suddenly waves cover me

Graced from above  
So heavenly wrapped  
Under the weight of your love  
And you show me what you are made of  
Cause the power of how I really feel  
Is pulling you near  
Its a vibration  
There's no separation  
We're one and the same  
I don't have to be afraid  
If you feel it  
You might as well reveal it  
Cause this is the day  
And I'm gonna ride the wave  
This vibration  
Without hesitation  
This is the day

This is the day  
If you feel it  
You might as well reveal it  
Cause this is the day  
Tomorrow could all be taken away

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