

# Arctic Shark

## Quilt

How can I proceed with thee?  
This eastern harbor's full of grief  
All my heavy dreams are simply a luxury  
Horses in the pepper tree and the lighthouse floating in the sea  
Newborn forms are weightless like doves  
Everything will regenerate as it was  
All your heavy hearts are simply illusory  
They will find an open shell in which to grow and set you free  
Mourning how a frozen thing can thaw and turn  
to brine  
Salty workings in a restless process of the mind  
Form becoming weightless like doves  
Everything will regenerate as love  
Not the kind you think you know and not the kind you learn  
The arctic shark is living free in the coldest part of the Eastern Sea  
All my heavy hearts are simply illusory  
Finding time to trust them turning right side up inside of me  
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by

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