FRIENDS (feat. kiLL edward)

J. Cole

Cop another bag of smoke today

Cop another bag of smoke todayI got thoughts, can't control

Got me down, got me low

Rest my mind, rest my soul

When I blow, when I blow

Am I wrong, let them know

Feels so right to let things go

Don't think twice, this is me

This is how I should be

But I'm aggravated without it

My saddest days are without it

My Saturdays are the loudest

I'm blowing strong

Some niggas graduated with powder

I dabble later, I doubt it

My database of narcotics

It's growing long

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I wrote this shit to talk about the word addiction To my niggas out there sipping, I hope you're listening

[?], I hope you listening

This is for the whole fucking 'ville I hope you're listening

Smoking medical grade, but I ain't got perscription

All the way in Cali where they ain't got precipi-

-Tation, feeling like the only one that made it

And I hate it for my niggas 'cause they ain't got ambition

Fuck did you expect, you can blame it on condition
Blame it on crack, you can blame it on the system
Blame it on the fact that 12 got jurisdiction
To ride around in neighborhoods that they ain't ever lived in

Blame it on the strain that you feel when daddy missing

Blame it on Trump shit, blame it on Clinton

Blame it on trap music and the politicians

Or the fact that every black boy wanna be Pippen

But they only got twelve slots on the Pistons

Blame it on the rain, Milli Vanilli with the disk skip

What I'm tryna say is the blame can go deep as seas

Just to blame 'em all I would need like twenty CD'sThere's all sorts of trauma from drama that children see

Type of shit that normally would call for therapy

But you know just how it go in our community

Keep that shit inside it don't matter how hard it be

Fast forward, them kids is grown and they blowing trees

And popping pills due to chronic anxiety

I been saw the problem but stay silent 'cause I ain't Jesus

This ain't no trial if you desire go higher please

But fuck that now I'm older I love you 'cause you my friend

Without the drugs I want you be comfortable in your skin

I know you so I know you still keep a lot of shit in

You running from yourself and you buying product again

I know you say it helps and no I'm not trying to offend

But I know depression and drug addiction don't blend

Reality distorts and then you get lost in the wind

And I done seen the combo take niggas off the deep end

One thing about your demons they bound to catch up one day

I'd rather see you stand up and face them than run away

I understand this message is not the coolest to say

But if you down to try it I know of a better way

MeditateMeditate, meditate, meditate, meditate

Don't medicate, medicate, don't medicate, medicate

Meditate, meditate, meditate

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Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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