The Hurt Inside

Gary Moore

You wrestle with your conscience
To free your better self
But did you think for one moment
You could be someone else
Between a rock and a hard place
Is where you seem to be
You've been caught in a trap
Between the devil and the deep blue sea
All those nights so lonely
All the tears that you cry
You can't hide from the hurt inside
The hurt inside
You're in a situation
Pray this time it will pass
But it feels like you're walkin'
Over miles and miles of broken glass
Painted into a corner
Where the sun never shines
Somebody's turned on the spotlight
You forgot to learn your lines
In the place you once called your heart
There's a wound that's open wide
You can't hide from the hurt inside
The hurt inside
When you're thinking 'bout the hard times
Everyone's been through
But it won't make no difference
Seeing things the way you do
In this blue condition
You must search for the light
Don't believe them when they tell you
You can't hold back the night
Between a rock and a hard place
Is where you'll always be
Caught in a trap
Between the devil and the deep blue sea
So many words unspoken
So many times you never tried
You can't hide from the hurt inside

The hurt inside
No, you can't hide from the hurt inside
The hurt inside
There's one thing you can't hide
It's the hurt inside
The hurt inside

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