

# Reality

## Staind

The lights are on  
But you're not home  
You've drifted off  
Somewhere alone  
Somewhere that's safe  
No questions here  
A quiet place  
Where you hide from your fears Sometimes when you're out of rope  
The way to climb back up is clear  
The walls you build around yourself  
I guess they also keep you here  
Are you afraid of what they think?  
Whoever they happen to be  
Or are you hiding from the scars of  
Your own reality? So you sedate  
And drown in vain  
You've got a pill  
For every day  
A suit and tie  
To mask the truth  
It's ugly head  
Is starting to show through Sometimes when you're out of rope  
The way to climb back up's unclear  
The walls you build around yourself  
I guess they also keep you here  
Are you afraid of what they think?  
Whoever they happen to be  
Or are you hiding from the scars of  
Your own reality? The monster you're feeding  
Your lack of perception  
The things that you do  
To fulfill your addictions  
The light at the end  
Of your tunnel is closing  
What is it that you're so  
Afraid of exposing?  
You'd give it all up for  
What's there for the taking  
Whatever it takes to

Keep your hands from shaking  
The same things you're thinking  
Might make you feel better  
The same things that probably  
Got you here Sometimes when you're out of rope  
The way to climb back up's unclear  
The walls you build around yourself  
I guess they also keep you here  
Are you afraid of what they think?  
Whoever they happen to be  
Or are you hiding from the scars of  
Your own reality? The monster you're feeding  
Your lack of perception  
The things that you do  
To fulfill your addictions  
(Your own reality)  
The light at the end  
Of your tunnel is closing  
What is it that you're so  
Afraid of exposing?  
(Your own reality)  
You'd give it all up for  
What's there for the taking  
Whatever it takes to  
Keep your hands from shaking  
(Your own reality)  
The same things you're thinking  
Might make you feel better  
The same things that probably  
Got you here

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