

# Breaking Point

David Sanborn

Do you wake up in the middle of the night  
Find your eyes are on full beam  
    Totally wired  
Sweat stains and troubled dreams  
    Your throat is burnin' dry  
Caught in your worst nightmare  
You cannot denyAnd now you've become  
    What you said you'd never become  
Hate yourself for all the things you've never done  
    You tell yourself you're too old  
    I know you're still young  
    You're wanting to scream  
You still hold your tongueWhoohoo, whoohoo  
    You're at the breaking point  
    Whoohoo, whoohoo  
    Just one step away  
    Whoohoo, whoohoo  
    You're at the breaking point  
Whoohoo, whoohooAnd in the morning  
    Do you remember the night?  
Put on dark sunglasses to shut out the light  
    Shut out the pain  
Shut out the red in your eyes you hide  
    Everytime you look in the mirror  
How do you live with your life?Whoohoo, whoohoo  
    You're at the breaking point  
    Whoohoo, whoohoo  
    Just one step away  
    Whoohoo, whoohoo  
    You're at the breaking point  
Whoohoo, whoohooWhoohoo, whoohoo  
    You're at the breaking point  
    Whoohoo, whoohoo  
    One step, one step away  
    Whoohoo, whoohoo  
    You're at the breaking point  
Whoohoo, whoohoo

Songwriters

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