# Flesh And Blood

## Citizen Fish

If animals are animals
And animals have brains
We are no more than cannibals
Who refuse to feel the pain

The meat you eat is wrapped up neat
You didn't see it bleed,
And what you kill does not fulfill
Your dietary needs

Take a look from this direction
And save yourself the indigestion
Our guts are geared to vegetation
And it's healthier as well

Open your eyes and face the facts
Meat cost a lot, it gives you heart attacks
A now lot of people think (wrongly) vegetation lacks
In vitamin B12, vitamin B12,
If you really think that's gonna make you ill
Then buy a bottle of vitamin pills!

You could be more healthy
Maybe it doesn't really bother you
But can your conscience bear the strain
Of all the pain that makes your food?

You could feed a lot of needy people
With the grain they feed to cows
But can you comprehend these end results
Or can you not allow
Yourself to break the old tradition?
False conception of nutrition

Well they all eat meat on the television
Except those little starving children
Would you ever eat the meat
From another human being?
Flesh and blood
Is animal

Is you and me
Animal is suffering
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