

# Helium

[Sia](#)

[Verse 1]

I'm trying but i keep falling down

I cry out but nothing comes now

I'm giving my all

And I know peace will come

I never wanted to need someone[Pre-Chorus]

Yeah, I wanted to play tough

Thought I could do all just on my own

But even Superwoman

Sometimes needed Superman's soul[Chorus]

Help me out of this hell

Your love lifts me up like helium

Your love lifts me up when I'm down down down

When I've hit the ground

You're all I need[Verse 2]

And if you let go

I'll float towards the sun

I'm stronger 'cause you fill me up

But when the fear comes

And I drift towards the ground

I am lucky that you're around[Pre-Chorus]

Yeah, I wanted to play tough

Thought I could do all just on my own

But even Superwoman

Sometimes needed Superman's soul[Chorus]

Help me out of this hell

Your love lifts me up like helium

Your love lifts me up when I'm down down down

When I've hit the ground

You're all I need

'Cause your love lifts me up like helium

Your love lifts me up like helium[Bridge]

You lift me up and I am found

You lift me up before I hit the ground

You lift me up when I'm down down down

You lift me up before I hit the ground

You lift me up and I am found

You lift me up before I hit the ground

You lift me up when I'm down down down

You lift me up before I hit the ground! [Chorus]  
Your love lifts me up like helium  
Your love lifts me up when I'm down down down  
When I've hit the ground  
You're all I need  
'Cause your love lifts me up like helium  
Your love lifts me up like helium  
Your love lifts me up like helium  
Your love lifts me up like helium

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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