

# Knock Yourself Out

**Jon Brion**

Its something unattainable  
That you cant live without  
And now the unexplainable  
Has you riddled with doubt Things begin Things decay  
And youve gotta find a way  
To be ok  
But if you want to spend the day  
Wondring what its all about  
Go and knock yourself out Why were put in this mess  
Is anybodys guess  
It might be a test or it might not be anything  
You need to worry about  
But if youre still in doubt  
Go and knock yourself out

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