

# Ironhead (Live At Warped Tour 2006) [Bonus Track]

## Helmet

Safe to kill  
It all comes back or  
Stick it out and  
Wage my own attackLift me up through  
What I've found  
Bite my lip  
How far down is down?Time to take  
What I know  
Keep it in and  
Live here all aloneWhat's the worst or  
Better dead  
Wear it out  
The pain is in my head

Songwriters  
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