

# Body Crumbles

[Chester Bennington](#)

Finally recover and the mood is right  
Looking up into a neon sky  
Child in me takes over, guess it's been too long  
Since the last time that I tried to fly  
Finally, I find when I lose control  
Inside my body crumbles  
It's like therapy for my broken soul  
Inside my body crumbles  
All I need's a moment, chance to get away  
From the stressfulness of every day  
Know if I don't question and I never doubt  
Everything is gonna be okay  
Finally, I find when I lose control  
Inside my body crumbles  
It's like therapy for my broken soul  
Inside my body crumbles  
I don't know if I'll be alright  
I don't know if I'll be alright  
(Is it okay to be myself)  
I don't know if I'll be alright  
I don't know if I'll be alright  
(Why do we always have to fight)  
I don't know if I'll be alright  
I don't know if I'll be alright  
(It's alright)  
Finally, I find when I lose control  
Inside my body crumbles  
It's like therapy for my broken soul  
Inside my body  
Finally I find when I lose control  
(I don't know if I'll be alright)  
Inside my body crumbles  
(I don't know if I'll be alright)  
It's like therapy for my broken soul  
(I don't know if I'll be alright)  
Inside my body crumbles  
(I don't know)

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