

Overcome

As I Lay Dying

All these moments of pain
Must add up to something,
Our bodies have been trained to keep it all in,
But our hearts, still hold on
Some say to release it, forget about your past,
Instead we count the cost, it's part of us
That doesn't mean that we cannot move on,
It's just a memory of what we were once were
No matter what it is we've faced
It's now part of us (part of us)
We can overcome
Why rid of fuel that can make us stronger
When properly put behind us (put behind us)
And in the same way that
Everything good in life can be taken away
So can all this pain
No matter what it is we've faced
It's now part of us (part of us)
No matter what we've faced in this life
We can overcome
Trying to forget is a burden we can never bear,
When facing trials openly,
There's nothing left to hide,
New paths of strength come alive
No matter what it is we've faced
It's now part of us (part of us)
No matter what we've faced in this life
We can overcome
We can overcome

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