

# Meditation

## Asian Zen Meditation

In my loneliness when you're gone  
And I'm all by myself and I need your caress  
I just think of you and the thought of you holding me near  
Makes my loneliness soon disappear Though you're far away  
I have only to close my eyes and you are back to stay  
I just close my eyes and the sadness that missing you brings  
Soon is gone and this heart of mine sings Yes I love you so and that for me is all I need to know  
I will wait for you till the sun falls from out of the sky  
For what else can I do  
I will wait for you, meditating how sweet life  
Will be when you come back to me

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