

Break Down and Let It All Out

[Nina Simone](#)

Break down and let it all out
Break down and let it all out I've held back my tears
Just as long as I could
But now my eyes can see
It's all over for you and me
And holding back ain't gonna do no good So I'm gonna break down and let it all out
Break down and let it all out I've hidden my heart too many times before
But now my aching heart knows we're apart
And I can't hide it anymore So I'm gonna break down and let it all out
Break down and let it all out I remember when you used to love me
And oh how sweet it was
But it's not enough just to remember, 'cause
What good is the past? Once upon a time
All those old memories can set my heart at ease
So before I lose my mind yeah I'm gonna break down and let it all out
Break down and let it all out My eyes are open and now
I see it's all over for you and me
Break down and let it all out
Break down and let it all out Now my aching heart knows that we're apart
Break down and let it all out
Break down and let it all out All those old memories can set my heart at ease
Break down and let it all out
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