

Stop and Smell Thee Roses

Nana Grizol

NOt to say that we're not fortunate to be born in a world that encourages us to grow, but sometimes propetual
motion moves so slow.

Hungry for a change of scenery and drive north in search of snow, were you prepared for certain shadows to
fallow you everywhere that you go.

My body's been decaying all this time, and now it's finally starting to show.

Are you having second thoughts about that path that you chose.

Now that the fire in your eye has burned down like coals to a warm consistant glow.

Well hey the smoke has cleared, you regain the use of your nose.

So take a second now to stop and smell the roses, just like you never thought you had time but always thought
that you should.

At least for now it's okay to take life in smaller doses, something new has come to town seems like it's doin you
good.

And

I've come to a new town, sure it's somewhat the same.

It feels good to be aware of but still not focus on the cause behind that pain.

Sometimes when the moon is right it feels like every inch of nothing's changed, but in some way but not for one
second has it stayed the same.

So you remember to eat dinner, remember to feel better.

Remember your friends will think that you forgot them if you only write in secret letters.

Remember not to focus on the feelings that you lack, just might give yourself a heart attack.

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