

i Know This:

[rachel kann](#)

I know this.
This I know.
All that I have,
All that is me,
Resides inside my poetry.
Every time I write a rhyme it might be the line that sets minds free.
And also I know that
I don't know shit.
And the more I know,
The more I realize it.
I know that for all of the pain I've cried
There's the exact same balance of joy
On the other side of that coin,
Joined with the thinnest slip of membrane.
Same goes for crazy and sane,
Truth and lie,
Answer and why,
Because I know this.
This universe operates with a divine tug of war,
Teeter totter, bringing order and balance like the tide does to water;
Like I know that each wave rolls back to the sea,
Retreating from me into deep green eternity,
And I know that I am free -
Well, at least in my mind if i wanna be.
I know that some things sound good to me in theory,
But in point of fact suck ass in actual practice
Like communism,
And pornography.
I know that it's impossible to really know where anyone is coming from,
So who are we to judge 'em?
I know that some things are so dope they transcend their category
And it's important to see the glory in the ordinary.
Like, I know there's Nag Champa and there's all other incense.
I can't see putting earl gray against any other tea.
Lash Out? It's not even on the same plane as other mascaras comparatively and
i know that theres R&B
And then there's Otis Redding
I know that most things are greater than the sums of their parts
And that's the real definition of art.

Like brownies are good and so is whipped cream
But you put 'em together and it's this whole fucking chemical other thing like
Lennon and McCartney singing harmony, like
Masturbating as compared to an orgy
I know that everything within this surface glimpse of reality is infinitely simple and perfectly complicated
I know that being dated and over it
Is way overrated.
And that the colors of this world
Only seem faded in direct relation to the darkness with which your mind's eye is shaded,
And you made it that way.
And you can choose to change your vision's prismic range today.
And I know that you gotta help a friend who's down,
And I know that no matter where you end up
You're still from your home town.
And I know that you gotta know how to listen to the sound of your own heart beat in the dead quiet of night
sometimes,
And I know that can be so frightening but
I also know that the deepest darkness is always the most enlightening,
And I know that fresh cold cantaloupe tastes like the perfect first kiss,
And I know that Lao Tsu and Moses and Mohammed and Buddha and Jesus and all those dudes knew some
deep-ass shit,
But I also know that we all hold the worlds eternal truths in our heart's deepest pit.
It's because I know that we are made up of the
Same stuff as the
Sun and the moon and the farthest stars and
All that we are is manifest energy and that
We already have everything that we could ever need
If we could just begin to see clearly
And I know that the world will continue to spin
And I know that the world will continue to spin
And I know that one day,
You will let me in.
And we will begin to love in a fashion I couldn't fathom existed.
And we will laugh at the fact that we ever resisted this blissful togetherness.
And the sex?
Well, it'll be off the charts.
'Cause we'll both be
Super freaky
But we'll be fucking
From the heart.
'Cause our loving will be something where the
Whole is much greater than the sum of the parts
'Cause were artists after all,
So what else would fate have us make besides art?
And I know that outside of this space time frame we are one and the same

We're a part, not apart
So I know that I can wait patiently for it to start
And far out I may seem to be and
Maybe you may see me as wacky but baby,
The fact be that I am a poet
And like all true poets do I'm
Mainlining the spiraling spherical truth of the universe,
Turning it out and
Into lyrical wholeness,
And I know this.
And I know this.
This I know.
This I know.

Lyrics submitted by Jen Glover.

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