

Motion

K. Roosevelt

Whoa-o... I've been banging my head against the wall
Whoa-o... for so long it seems I knocked it down, yeah it got knocked down
Whoa-o... and the heating bill went through the roof
Whoa-o... and the wall I knocked down was the proof
That my landlord needed to kick me out I got evicted now I'm living on the street
My spirits lifted... oh wait, that wasn't me
Too many turns have turned out to be wrong
This time I learned that, I knew it all along
When car crashes occur
Then I'll be what you were
When I see what I should
When I see that it's good (that it's good)
To experience the bittersweet
To taste defeat
Then brush my teeth
Experience the bittersweet
To taste defeat
Then brush my teeth
'Cause I struggle with forward motion
I struggle with forward motion
We all struggle with forward motion
'Cause forward motion is harder than it sounds
Well every time I gain some ground
I gotta turn myself around again
It's harder than it sounds
Well every time I gain some ground
I gotta turn myself around again
Whoa-o... I've been banging my head against the wall
Whoa-o... for so long it seems I got knocked out, yeah, I got knocked out cold
Whoa-o... and the medical bills went through the roof
Whoa-o... and the scar on my head is the proof
That I'll still remember this when I get old I got evicted now I'm living on the street
My spirits lifted... oh wait, that wasn't me
Too many turns have turned out to be wrong
This time I learned that, I knew it all along
When I grasp the concept
Then I'll sleep where you slept
When I know I need help
When I allow myself (allow myself)
To experience the bittersweet
To taste defeat
Then brush your teeth
Experience the bittersweet
To taste defeat
Then brush your teeth
'Cause I struggle with forward motion
I struggle with forward motion

We all struggle with forward motion'Cause forward motion is harder than it sounds

Well every time I gain some ground

I gotta turn myself around again

It's harder than it sounds

Well every time I gain some ground

I gotta turn myself around again'Cause I struggle with forward motion

'Cause I struggle with forward motion

We all struggle with forward motion('Cause forward motion is harder than it sounds.

Well every time I gain some ground

I gotta turn myself around again

Cause forward motion is harder than it sounds

Well every time I gain some ground

I gotta turn myself around again)'Cause I struggle with forward motion

'Cause I struggle with forward motion

We all struggle with forward motionCause I struggle with forward motion

Cause I struggle with forward motion

We all struggle with forward motion

Songwriters

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