

Nesian 101

Nesian Mystik

(You know the time, you know the time - it's time for Nesian 101) You're never on time

And musics on all day

And you be growing them rude-ngati dreads

White on white sneaks and baggy jeans

Got that greenstone around your neck I came from the 183

So I know a little bit about fresh bee

Yes we, keep repn and rockn that fresh steez

Jeans cut with socks and jandals

Aloha shirts be the formal dress standard

Spot the polys from a mile away

And you know they're coming when you hear this play Follow the leader.... leader.... leader

Follow the leader x 2 You're so fresh so I want to know if you're down

'cause if you are then let that hair down baby

I wanna know Got 2 fried eggs on that \$1 bread

Street fighter 2 where my money's spent

Brothers roll past, speakers on full blast

Singing Korero Maori e You're never on time

And musics on all day

And you be growing them rude-ngati dreads

White on white sneaks and baggy jeans

Got that greenstone around your neck What you know about F.O.B

Taro, Manioke & Lu Sipi

Yall know what I'm talking bout the Sunday Feeds

2 minute noodles & that fried Corned Beef

for the rest of the week, that's all there is

go to school and scab off the rest of the kids

save that bus money home for that \$1 chips

if you don't walk it off it goes straight to the hips.. I never run my day by time,

I run my time by the change of sky,

I run my time like my appetite,

Coke and a pie what we call fine dine,

SURRY CRES to SANDRINGHAM,

CALIFOR-NI-A down to JAPAN,

It's the real McCoy making all that noise,

More FOB than FALL OUT BOY. You're never on time

And musics on all day

And you be growing them rude-ngati dreads

White on white sneaks and baggy jeans

Got that greenstone around your neck So what we gon' do right here, is we gon' school ya on what we call, the

ways of the fresh; Nesian 101 if ya will. So if ya feelin' what we sayin', let me know, join inBounce on that 2 & 4, dont clap on that 1 & 3..

You have your Cappuccino, we on that Cuppa Tea..

Be rude to turn it down, so take it if its free..

Just keep it FRESH, no matter where you be.. X2(all the ladies in the place put ya hands up, put ya hands up, put ya hands up, put 'em up, put 'em up, let's go)Youre so fresh but I want to know if you down

'cause if you are then let your hair down baby

I want to knowYou're never on time

And musics on all day

And you be growing them rude-ngati dreads

White on white sneaks and baggy jeans

Got that greenstone around your neck X2(sing it with me now)Follow the leader.... leader.... leader

Follow the leader x 2

Lyrics provided by

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