

# 40Mg

## Landmarks

This is nothing new since I turned 22

I'm still writing about

How I'm a waste of space

Who keeps letting himself down

I can't follow in the footsteps of

Those who walked before us

Cause I've got

My own head upon my shoulders

(That's the way that it should be)

I must have been

Asleep for days

Because I think I'm missing something

Everything I love has been forgotten or completely disappeared

It's just as I feared

It's just as I feared

Pills don't keep my thoughts at bay

I'm sick to death of everything Everyone I know says

"It's just a phase"

But I'm not getting better

I'm not getting better

Just when I thought I knew myself, my mind it turns against me

And erases all my memories

Replacing them with doubt

And there's a knot

Where my heart should be

It tightens up my chest

This anxiety

Is haunting me, oh god

It never ends

It's just as I feared

It's just as I feared

Pills don't keep my thoughts at bay I'm sick to death of everything Everyone I know says

"It's just a phase"

(God it never ends, never ends)

God it never ends, never ends

(God it never ends, never ends)

I've had enough  
I'm over this  
I am spent

I lost my soul  
My passion and heart  
The only three things  
That set me apart  
With you as my witness  
I will depart  
From this neurotic existence  
And go back to the start

Pills don't keep my thoughts at bay I'm sick to death of everything Everyone I know says  
"It's just a phase"  
Pills don't keep my thoughts at bay I'm sick to death of everything Everyone I know says  
"It's just a phase"  
But I'm not getting better

Lyrics Submitted by Gordon

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