## **Be Kind to Yourself**

## **Andrew Peterson**

You got all that emotion that's heaving like an ocean And you're drowning in a deep, dark well I can hear it in your voice that if you only had a choice You would rather be anyone elseI love you just the way that you are I love the way He made your precious heartBe kind to yourself Be kind to yourself I know it's hard to hear it when that anger in your spirit Is pointed like an arrow at your chest When the voices in your mind are anything but kind And you can't believe your Father knows bestI love you just the way that you are I love the way He's shaping your heartBe kind to yourself Be kind to yourself How does it end when the war that you're in Is just you against you against you Gotta learn to love, learn to love Learn to love your enemies too You can't expect to be perfect

It's a fight you've gotta forfeit

You belong to me whatever you do So lay down your weapon, darling

Take a deep breath and believe that I love youBe kind to yourself

Be kind to yourself

Be kind to yourself

Gotta learn to love, learn to love Learn to love your enemies Gotta learn to love, learn to love Learn to love your enemies too

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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