

Low Self Opinion (Doc Adam Edit)

Rollins Band

I think you got a low self opinion man
I see you standing all by yourself
Unable to express the pain of your distress
 You alienate yourself
 And everybody else
You withdraw deeper inside
 They got so tired of you
 And your self ridicule
They wonder what's on your mind
They wrote you off and left you behind
 You sleep alone at night
 You never wonder why
 You always victimize
All this bitterness wells up inside you
 So you can criticize yourself
And all those around you
 The hatred you project
 Does nothing to protect you
 You leave yourself so exposed
 You want to open up
 When someone says
You find all your doors closed
 Lighten up
 Try some introspection
Get yourself a break from self rejection
 And you just might find
 At the end of the day
 It's not so bad and anyway
All you have is yourself and your mind
 The self hatred that blinds you
 Binds you grinds you keeps you down
 The world falls down around you
 You build up walls around you
You wear disgust like a crown
 When I see you seeing me
 If you could see the you that I see
 You'd see yourself so differently
Believe me
I know the self doubt that runs inside your mind
I know the self that treats you so unkind
 If you could see the you that I see
 When I see you
 You would see things differently

I assure you

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by
<https://damlyrics.com/>