

Bruises

Plain White T's

She tries to hide the bruises
She says, it wasn't him
But sometimes he loses his temper
And again he'll come home, look for a fight But she tells herself it's alright
She hopes someday it's alright She doesn't tell anybody but everyone can tell
That there's something she's hiding
She hasn't done herself
But she still goes out every night And she tells herself it's alright
She hopes someday it's alright
It's alright, it's alright, it's alright She has to make excuses for all of this abuse
And it's sad, the truth is she's scared of what he'll do
If she'd ever walk out of his life
So, she tells herself it's alright She hopes someday it's alright, it's alright
It's alright, it's alright, it's alright, it's alright She sits and she waits, it's not getting any better
It's never too late but she knows it's now or never
She'll get up the strength to stand up to him tonight
She knows that it's alright, it's alright She says, today she's leaving, she says she's had enough
Sick of being mistreated, she knows that isn't love
So tonight, she's saying goodbye and she tells herself it's alright
Yeah, she knows she's gonna make it tonight
Yeah, she's finally going on with her life And she knows that it's alright
It's alright, it's alright, it's alright
It's alright, it's alright, it's alright She sits and she waits, it's not getting any better
It's never too late but she knows it's now or never
She'll get up the strength to stand up to him tonight
She knows that it's alright

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