

# Into the Groove

## Ziggy Marley

Into the groove, where we lose ourselves just to find who we are  
Into the groove, where we get to fly but we need not see the sky  
Into the groove, where we escape from the surface of what we've become  
Into the groove, come for the rideTake the plunge, soak it up like a sponge  
Don't be afraid of tonight, everything is gonna be alright  
Take the plunge, soak me up like a sponge  
Don't be afraid of the light, everything is gonna be just fineInto the groove, where love grows to new heights  
Into the groove, where the sun disappears but a light still shines  
Into the groove, surrounded by the waters of desire, yeah  
Into the groove, come for the rideCatch the wave, free the slave, emancipate your mind  
'Cause nothing men do can change this time  
Catch the wave (I'm gonna catch the wave), and free your slave (I'm gonna free my slave)  
Emancipate your mind, hey nothin' they do can change this timeLight it upInto the groove, where we lose  
ourselves just to find who we are  
Into the groove, where we get to fly but we need not see the sky  
Into the groove, where we escape from the surface of what we've become  
Into the groove, come for the rideYeah, come for the ride  
Yeah, come for the ride

Lyrics provided by

<https://damnllyrics.com/>